



Inpatient Treatment Packing List

Patients may only bring one piece of carry-on sized luggage.

What to Bring to Treatment:

1. One form of identification
2. All prescribed medications that can be taken in treatment, in the original bottle
3. A weeks' worth of comfortable clothing
4. Toiletries that do not contain alcohol as their main ingredient
(We will provide basic hygiene if needed)
5. Cash. Patients may carry on their person during treatment up to \$10 but any additional cash brought to treatment will be kept locked up until needed
6. Cigarettes, Nicotine pouches (Zyn, On, Rogue.)

What Not to Bring to Treatment:

1. Any substance that could cause an intoxicating effect
2. Drug paraphernalia
3. Items that could be considered a weapon
4. Food/drinks
5. Bedding/towels
6. Electronics (including cell phones if brought they will be stored away until discharged)
7. Straight razors/hair trimmers
8. Exercise equipment
9. Musical instruments
10. Perfumes and aftershaves
11. Pornographic publications and materials such as sex toys or devices
12. Playing cards
13. Keys (If brought they will be locked up until discharge)
14. Over-the-counter medication, topical creams, douches
15. Hats or sunglasses
16. Laundry detergent (We will provide)

Any valuable items brought to treatment will be at a patient's own risk.

Leaving valuables at home is recommended